

Sport

About the course

This Edexcel Level 3 BTEC extended certificate in sport allows the leader to study a wide range of topics.

Unit 1 Anatomy and Physiology: you will study the characteristics and functions of the cardiovascular system, muscular system, respiratory system, and skeletal system and learn how sports people use their bodies effectively to participate in high quality sport. It is an *externally assessed* unit via an exam paper at the end of your first year.

Unit 2—Fitness Training and Sport Programming for health , sport and wellbeing: this is an exciting unit where students will be able take part it fitness testing and learn about the methods of training used by elite athletes. Students will be posed with a synoptic question to test their learning.

Unit 3 - Professional Development in the Sport Industry: this unit is designed to give students an insight into the world of sports careers and inspire them to consider their own futures. Looking at sports development, the leisure industry , coaching and marketing, this unit is assessed via course work marked internally by staff. There may be the opportunity for work experience in this area.

Unit 7 - Practical Performance: Students will be assessed on their ability to apply the skill, techniques and rules to a variety of games. They will study the differences between themselves and elite performers and create an action plan.



Sports do not build character, they reveal it

***John Wooden
UCLA Basketball Coach***

How it will be assessed

A mixture of exams, course work and synoptic assessments will be used to benefit ALL learning styles.

What it prepares you for

This qualification prepares learners for a career in the sport and leisure industry as well as further study at university. Learners may also wish to combine their studies with the Community Sports Leader award to gain an extra qualification.

